



Ullswater Yacht Club

Sailing Instructions 2021-2024

Ullswater Yacht Club

1. RULES
 - 1.1. The racing will be governed by the Racing Rules of Sailing (RRS) 2021-2024, prescriptions of the RYA, relevant Class Rules and the UYC Programme except as changed by these Sailing Instructions or those for specific events.
2. NOTICES TO COMPETITORS
 - 2.1. Notices to competitors will be posted on the official notice boards located outside of the Race Office or on a club notice board.
3. CHANGES TO SAILING INSTRUCTIONS
 - 3.1. Any changes to the Sailing Instructions will be posted one hour before the first race they will affect and will be signalled by displaying the flag "L" accompanied by one sound signal.
4. SIGNALS MADE ASHORE
 - 4.1. These will be displayed on the Race Office mast and/ or as an illuminated number or signal at the Race Office.
 - 4.2. Postponement Signals. The warning signal will be made at least 1 minute after the lowering of flag "AP"
5. SCHEDULE OF RACES
 - 5.1. Club Events. The schedule of races, the classes to race and the order and start times will be published annually in the UYC Yearbook.
 - 5.2. Open Events. The schedule of races, the classes to race and the order and times of the warning signals will be according to the Notice of Race and/or as displayed at the Race Office.
6. CLASS SIGNALS AND FLAGS
 - 6.1. Club Events. Class signals and/or flags to be used will be displayed on the notice board outside race office
 - 6.2. Open Events. Class signals and/or flags will be displayed on the notice board outside race office unless otherwise specified in sailing instructions for the event.
7. RACING AREA
 - 7.1. This will be Ullswater.
8. THE COURSE
 - 8.1. Shore Based Starts. The course configuration with the order in which marks are to be passed and side which each mark is to be left will be indicated on a course board displayed at the Race Office 30 minutes before the warning signal of the first class to start.
 - 8.2. Committee Boat Starts. The course configuration with order in which marks are to be passed and side which each mark is to be left will be displayed on the Committee Boat before, or if displayed at the Race Office, 30 minutes before the warning signal and will be generally in accordance with RRS Appendix L Addendum A.
 - 8.3. Number of Rounds. The number of rounds to be sailed will be displayed on a course board at the Race Office or on the Committee Boat.
 - 8.4. Gates. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
9. MARKS
 - 9.1. Course marks (including start/finish marks) are generally red, yellow or orange buoys named according to their approximate geographical position. A diagram is attached.
10. AREAS THAT ARE OBSTRUCTIONS
 - 10.1. These are shown on attached lake diagram and include
 - 10.1.1. Mooring areas in Club and North Bays extending from outer line of moored boats or their moorings to shore.
 - 10.1.2. Shallows and reefs as indicated on the diagram, with which competitors shall make themselves familiar.
11. THE START
 - 11.1. The start will be governed by flag signals or a displayed number system.
 - 11.2. Flag Signals. Races will be started using RRS 26. For club racing an alternative system may be used as defined in the UYC Programme.
 - 11.2.1. Number System. Signals will be an illuminated number as defined in Section 6.1 displayed at the Race Office. Classes will start 6 minutes after their warning signal. The number will change at each signal and the sequence displayed for each class will be: -
 - 11.2.1.1. Warning Signal - The Class Number minus 1.
 - 11.2.1.2. Preparatory Signal - The Class Number.
 - 11.2.1.3. Start Signal - The Class Number will be extinguished or replaced by the following class preparatory signal. This alters RRS 26.
12. Starting Lines
 - 12.1. Shore Based. the starting line will be between the mast at the Race Office and the course side of the ODM.
 - 12.2. Committee Boat. The starting line will be between a mast bearing an orange flag or shape and the course side of an outer starting mark which may be a mark of the course.
 - 12.3. Limit Marks. Limit marks may be laid adjacent to the Committee Boat or the shore. Limit marks are marks of the course and shall be passed on the same side as the starting line mark that they guard. For committee boat starts, boats shall not pass between a limit mark and the starting line mark which it guards after the first warning signal of the starting sequence.

- 12.4. Keeping Clear. Boats whose warning signal has not been made shall keep clear of the starting area. Any boat failing to keep clear may be disqualified from their subsequent race without a hearing. This alters RRS 63.1.
- 12.5. Starting Time Limit. A boat starting later than six minutes after her starting signal will be scored "Did Not Start". This alters RRS Appendix 4.1.
- 12.6. Ranking as a Starter. The minimum number of boats in a race shall be two.
- 12.7. Individual Recalls.
 - 12.7.1. Flag Signals. As defined in RRS 29.1
 - 12.7.2. Number System. A blue flashing light will be accompanied with one sound signal. The light will be illuminated until all offending boats are completely on the pre-start side of the starting line or it's extensions but not later than 4 minutes after the starting signal or one minute before any later starting signal, whichever is the earlier. This alters RRS 29.1.
13. General Recalls
 - 13.1. Flag Signals. As defined in RRS 29.2 except that the new start will follow the last class to start in the sequence.
 - 13.2. Number System. A yellow flashing light will be accompanied by two sound signals. A class which has been recalled will be re-started after the last class to start in the sequence. A new warning signal for the class recalled will be made with the preparatory signal for the last class to start. This alters RRS 29.2.
14. CHANGE OF POSITION OF NEXT MARK
 - 14.1. The next mark may be repositioned by the Race Committee in accordance with RRS 33 .
15. THE FINISH
 - 15.1. Shore Based. The finishing line will be between the Race Office mast and the course side of the ODM.
 - 15.2. Committee Boat/Offshore. The finishing line will be between the mast on a Race Committee boat displaying a blue flag or shape and the course side of a nearby mark of the course or finishing mark.
 - 15.3. Absent Race Committee. If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.
16. PENALTY SYSTEM
 - 16.1. Accepting Penalties. A boat that has taken a penalty or retired under RRS 31.2 or 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit. For Club racing, 20% penalty system is available as per RYA rule disputes process.
 - 16.2. Race Committee. As provided in RRS 67, the Race Committee may, without a hearing, penalize a boat that has broken RRS 42.
17. TIME LIMITS
 - 17.1. Leading Boat The time limit for the leading boat finishing in each race will be three hours, except for "Island Races" where it will be four hours.
 - 17.2. Other Boats. The finishing time limit for subsequent boats in each race will be four hours, except for "Island Races" where it will be five hours. Boats failing to meet the time limit will be scored "Did Not Finish". This alters RRS 35 and Appendices A4.1 and A4.2.
 - 17.3. Average Lap Times. The Race Committee may apply "average lap times" and to finish boats that are significantly behind the fleet. This alters RRS Appendix A3
18. PROTESTS AND REQUESTS FOR REDRESS
 - 18.1. Advisory Hearings and Arbitration are available as in RYA Rules Disputes Procedures - See ref. in 14.1 and posted on official notice board
 - 18.2. Submission. Protest forms are available in Race Office and shall be delivered there completed within thirty minutes after the time of the last boat to finish in that race or last back-to-back race in that sequence. This alters RRS 61.3 and 62.2.
 - 18.3. Order and Timing. Protests will be heard in approximately the order of receipt as soon as possible in the clubhouse.
 - 18.4. Appeals. On the last day of a series, a party to the hearing who asks for a re-opening shall do so no later than 30 minutes after being informed of the decision. This alters RRS 66.
19. SCORING
 - 19.1. Scoring will be in accordance with the Low Points system specified in RRS Appendix A.
 - 19.2. Points will be awarded to the helm and not the boat. This alters RRS Appendix A.
 - 19.3. Club Series. The number of races to count for a valid series and qualifying helms (normally 50% rounded down) is published in UYC Programme.
 - 19.4. Short Series. The number of races to count in each event is specified in the current UYC Yearbook (normally 5 or more races sailed - 2 discards, 3 or 4 races sailed - 1 discard, 1 or 2 races sailed no discard), or in the Sailing Instructions for a particular event
20. SAFETY REGULATIONS
 - 20.1. Retirements. A boat that retires shall inform the race committee as soon as possible.
 - 20.2. Declarations. Competitors shall sign on and off. Cruisers unable to sign on shall signify their intention to race by displaying a blue rectangular flag from the backstay.
 - 20.3. Competitors shall sign off within 30 minutes of the last boat to finish that race or "back-to-back" races. Competitors not complying with this procedure may be disqualified without a hearing. This alters RRS 63.1.
 - 20.4. Personal Buoyancy. Adequate personal buoyancy for all crewmembers shall be worn at all times. Neither wet suits nor dry suits constitute adequate personal buoyancy. This alters RRS 40.
21. REPLACEMENT OF CREW OR EQUIPMENT
 - 21.1. The boat shall be crewed predominantly by full members of UYC in closed events.
22. EQUIPMENT AND MEASUREMENT CHECKS
 - 22.1. Requirements. At any time, a boat's valid measurement or rating certificate may be required to be presented to the Race Committee.
 - 22.2. Sail Numbers. No boat shall sail with the same mainsail number as another boat in the same class without the permission of the Race Committee.
23. SUPPORT BOATS

- 23.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
24. RADIO COMMUNICATION
- 24.1. Except in emergency, a boat shall neither make radio transmissions nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
25. PRIZES
- 25.1. Prizes will be awarded as defined in the Notice of Race or the UYC Programme.
26. RISK STATEMENT
- 26.1. Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 26.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 26.3. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 26.4. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 26.5. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- 26.6. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 26.7. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities; and
- 26.8. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- 26.9. It is the responsibility of competitors to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.
27. INSURANCE
- 27.1. All competitors shall warrant that they are covered by third party liability insurance of with a minimum cover of £2m per incident or the equivalent

