# Lakeland and Far North Grand Prix Sailing Instructions 10<sup>th</sup> August 2019

# RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020.

## NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located outside the Race Office box

## CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted one hour before the first race that they affect and will be signalled by displaying flag L and one sound signal.

## SIGNALS MADE ASHORE

Signals made ashore will be displayed on the Race Office mast. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

# SCHEDULE OF RACES

The regatta will consist of 3 races, 3 races back to back on Saturday 12<sup>th</sup> August. The first warning signal will not be made before 12.30

#### THE COURSES

Courses to be sailed will be displayed at the race office or on the committee boat

#### MARKS

Marks will be large inflatable orange marker buoys and/or club marks which are red/yellow/orange buoys named after their approximate location on the lake.

#### AREAS THAT ARE OBSTRUCTIONS

Mooring areas in the Club and North bay and two areas of shallows and reefs are designated as obstructions. These areas will be identified at the briefing

# THE START

Races will be started using RRS26:

Starting penalties under Rule 30 may be applied.

The starting line will be between the committee boat displaying an orange flag and a buoy displaying an orange flag or the Race Box and ODM.

#### THE FINISH

The finishing line will be between the committee boat displaying a blue flag and a buoy displaying an orange flag or the Race Box and ODM

If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

# TIME LIMITS AND TARGET TIMES

Time limit for the leading boat in each race will be 90 minutes. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

# PROTESTS AND REQUESTS FOR REDRESS

Protest forms are available at the race office. Protests and requests for redress shall be delivered there within the appropriate time limit.

For each class, the protest time limit is 30 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room as soon as possible in the order in which they were received. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

#### SCORING

Scoring will be the low points system of Appendix A Two races are required to constitute a series. If three races are sailed then there will be one discard

# SAFETY REGULATIONS

Competitors shall sign on and off. Competitors shall sign off with 30 minutes of the last boat to finish that race or back to back races. Competitors not complying with this procedure may be disqualified without a hearing. This alters RRS 63 A boat that retires from a race shall notify the race committee as soon as possible. Adequate personal buoyancy for all crew members must be worn at all times. This alters RRS 40

# REPLACEMENT OF CREW OR EQUIPMENT

Substitution of competitors will not be allowed without prior written approval of the race committee.

#### EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## SUPPORT BOATS

Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

## TRASH DISPOSAL

Trash may be placed aboard support or official boats.

## RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race Appendix J RYA Addendum A - Risk Statement. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

#### **INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2M per incident or the equivalent.