



RLSC Sailing Instructions for Exe Sails Roadford Rocket 2016

1 RULES: The racing will be governed by the Racing Rules of Sailing (RRS) 2013-2016, prescriptions of the RYA, relevant Class Rules, the general conditions as detailed on the entry form, and the NOR except as changed by these Sailing Instructions .

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice boards located outside of the Race Hut or on a club notice board.

3 CHANGES TO SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions will be posted one hour before the race they will affect and will be signalled by displaying the flag “L” accompanied by one sound signal.

4 SIGNALS MADE ASHORE

4.1 These will be displayed on the Race Hut mast.

4.2 Postponement Signals The warning signal will be made at least 1 minute after the lowering of flag “AP”.

5. THE COURSE: The course configuration and the order of rounding marks will be indicated on a course board displayed at the Race Hut/Office 30 minutes before the warning signal to start.

5.1 Gates The start /finish line will be a gate that must be passed through each lap.

6. MARKS Course marks (including start/finish marks) maybe yellow, red, orange or white buoys. The

marks used will be displayed at the race hut & at the briefing.

7. Briefing: The Race briefing will be at 1115 at the Race Hut

8. THE START These instructions modify RRS 26. There will be a time signal at 1150am. The warning signal for the first start will be at 1155, followed a 4 min preparatory signal at 1156, 1 minute signal at 1159 & first start at 1200. All timings will be taken from the first time gun. Starting times will be displayed on the Race Box prior to the race. Current SailJuice numbers will be used(see NOR). A Competitor's start number will be displayed for one minute before their respective start. Therefore when you see your start Number appear you will have one minute to your start, and you will start the race when your number comes down.

8.1 The starting line will be between the mast at the Race Hut and the Nominated ODM. There will be an inner distance mark, boats must pass between the ODM & IDM on starting.

8.2 Keeping Clear: Boats who are not due to start within 5 minutes should keep clear of the start area.

8.3 Recalls: **Individual** - In the event of an Individual Recall, Flag X will be flown for 30seconds. There will be no accompanying sound signal. **General** - There will be no General Recalls.

9. **THE FINISH** : The finishing sequence will start 180 minutes after the first start. There will be three finish points , the club line and two others specified on the course board approximately equidistant round the course. As the leading boat approaches a finish point after 180 minutes, two sound signals will be made at all finish points and S or blue flag displayed. All boats passing the finish point ahead of them will then finish.

NOTE: One finish point may be the Committee Boat with a rolling finish, this will depend on conditions and will be indicated at the briefing.

10. **PENALTY SYSTEM** : Boats OCS who do not return correctly will be subject to an automatic 15 place addition to their score.(This alters RRS)

10.1 **Retirements** : A boat that has retired shall inform the race officer

11. **PROTESTS AND REQUESTS FOR REDRESS** As per RRS . Protest forms will be available from the race officer. Protests must be lodged within 30 minutes of the finish.

12. **PRIZES** : Prizes will be awarded as defined in the Notice of Race.

13. **DISCLAIMER OF LIABILITY** : R.L.S.C. will accept no liability for loss, material damage, injury or death sustained prior to, during, or after racing. The safety of a boat and her entire management shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race.